mySKINspa

Advanced Skincare & Aesthetics

My Skin Spa Facials

Every facial includes a skin analysis, deep cleanse, exfoliation, massage, mask, moisturiser, and SPF.

Student Facial	45-60min	**R500**
Skin Radiance Peel & Facial	60min	**R800**
Oxygen Facial	60min	**R950**

Lamelle Facials

Professional Lamelle skin treatments enhanced with personalised Alchemy Activation Plasma Concentrates to target ageing, acne, inflammation and pigmentation, while improving overall skin health and vitality. Can add facial enhancements.

Essential Facial	60min	**R600**
Alchemy Hydrating Facial	60min	**R750**
Alchemy Purity Facial	60min	**R750**
Alchemy Pigmentation Facial	60min	**R850**
Alchemy Age Prevent Facial	75min	**R920**

QMS Medicosmetics Facials

QMS Medicosmetics professional skin treatments combine collagen and high-performance active ingredients to deeply hydrate, revitalise and rejuvenate the skin while targeting dehydration, sensitivity, visible signs of ageing, and pigmentation. Promoting improved firmness, elasticity and a smoother, more radiant complexion. Can add facial enhancements.

Sensitive Skin Facial	30min	**R450**
Express Facial	45min	**R450**
Deep Cleanse Enhanced Facial	60min	**R750**
Sensitive Skin Repair Facial	60min	**R800**
Collagen Reset Facial	75min	**R950**
Collagen Renewal Facial	75min	**R1150**
Collagen Contour Facial	90min	**R1250**
Collagen Repair Facial	90min	**R1400**

Facial Enhancements

Extractions (extra time)	15min	**R50**
High Frequency	10min	**R80**
Collagen Eye Treatment	15min	**R160**
Lamelle Growth Factor Sheet Mask	15min	**R190**
QMS Active Hydrate Sheet Mask	15min	**R250**
QMS Neck Tight Repair	15min	**R250**
Eye Reviver	15min	**R250**
Lip Repair	15min	**R250**
Oxygen Boost	15min	**R250**
LED Light Therapy - Age Correction or Acne	15min	**R250**
Facial Lymph Activation Massage	15min	**R250**
Anti-Stress Massage	15min	**R250**
Lift & Contour Massage	15min	**R300**

Brow & Lash Tinting

Lash Tint	15min	**R120**
Brow Tint	15min	**R120**
Brow Tint & Shape	15min	**R120**
Brow Tint & Wax	15min	**R195**
Lash & Brow Tint	20min	**R210**

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Back Treatments

Back Exfoliation	30min	**R350**
Purifying Back Treatment	60min	**R750**

Hyrda Dermabrasion Facials

A multi-step Hydra Dermabrasion treatment combining deep cleansing, exfoliation, extraction and hydration with oxygen infusion and specialised serums to target dehydration, fine lines and uneven skin tone, leaving skin smoother, refreshed and visibly radiant.

Hydra Radiance - Signature 4-6 step treatment	60min	**R750**
Hydra Revitalise - Deluxe 6-step treatment	60min	**R1300**
Hydra Renewal - Ultimate 7-step enhanced treatment	75min	**R1700**

Lamelle Chemical Peels

Lamelle Superficial Chemical Peels target acne, congestion, early ageing, and pigmentation. Scientifically formulated to stimulate skin renewal, improve clarity, texture, and radiance with no to minimal downtime. Can add peel enhancements.

Beta Plus Peel 15% - Acne	45min	**R620**
Alpha Peel 20 - Ageing or Photo-Ageing	45min	**R700**
Lacti-Firm Peel 30/10 - Anti-Ageing	45min	**R750**

Chemical Peel Enhancements

Alginate Mask	15min	**R150**
Growth Factor Sheet Mask	15min	**R190**
Oxygen Boost	15min	**R250**
LED Light Therapy	15min	**R250**
Activation Plasma Personalised Concentrates	15min	**R300**

Nano Needling

Nano Needling for product absorption includes Skin Solution or Collagen Serum and Cream Mask. Growth Factor Mask or Activation Plasma. Can add nano needling enhancements.

Nano Needling Face	60min	**R950**

Nano Needling Enhancements

Alginate Mask	15min	**R150**
Growth Factor Sheet Mask	15min	**R190**
Oxygen Boost	15min	**R250**
LED Light Therapy	15min	**R250**
Activation Plasma Personalised Concentrates	15min	**R300**

Collagen Induction Therapy

Micro Needling stimulates natural collagen and elastin production for skin renewal targeting ageing, texture, pigmentation, and scarring. Includes Numbing, Skin Solution or Collagen Serum and Grrowth Factor Mask. Can add micro needling enhancements. Scalp and hair restoration treatment stimulates hair growth and includes Hair Loss Solution.

Micro Needling Face	60min	**R1250**
Micro Needling Face & Neck	75min	**R1500**
Micro Needling Face, Neck, & Decollete	90min	**R1800R4**
Advanced Exosome (Pre Order)	90min	**500**
Scalp Revive - Half Scalp	60min	**R1100**
Scalp Revive - Full Scalp	60-90min	**R1300**
Neck Firm & Renew	45min	**R800**
Hand Rejuvenation	45min	**R800**
QMS Collagen Facial & Micro Needling	60-90min	**R1800**

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Micro Needling Enhancements

Alginate Mask	15min	**R150**
LED Light Therapy	15min	**R250**
Activation Plasma Personalised Concentrates	15min	**R300**

Waxing Treatments

Waxing NOT recommended if on Roaccutane or Blood Thinning Medication

		WOMEN	MEN
Face			
Face	20-30min	**R280**	**-**
Brows	15min	**R100**	**R120**
Chin	15min	**R100**	**R120**
Lip	15min	**R100**	**R120**
Nose	10min	**R100**	**R100**
Toe	10min	**R65**	**R70**
Ear	15min	**R100**	**R120**
Any 2 Areas Face	15min	**R180**	**R200**
Brow, Lip & Chin	15min	**R260**	**-**
Body			
Full Arm	20min	**R240**	**R270**
Half Arm	15min	**R170**	**R195**
Underarm	15min	**R140**	**R160**
Chest	20min	**-**	**R220**
Stomach	15min	**R170**	**R220**
Chest & Stomach	30min	**-**	**R370**
Back	30min	**R290**	**R290**
Half Back	15min	**R220**	**R220**
Back & Shoulder	45min	**-**	**R320**
Full Leg	40min	**R290**	**R310**
Three Quarter Leg / Upper Leg	30min	**R260**	**R280**
Half Leg	20min	**R240**	**R260**
Bikini			
Bikini	15min	**R175**	**-**
G-String	20min	**R195**	**-**
Brazilian	30min	**R260**	**-**
Hollywood	40min	**R300**	**-**
Bum Cheek	15min	**R170**	**-**

Terms & Conditions

Please arrive 15 minutes prior to appointment for first consultation and/or updating client forms.
Please advise therapist of any changes in allergies or medications where possible.

Cancellations or rescheduled appointments must be done 48 hours prior to appointment date.
Late arrivals treatment time will be adjusted accordingly.

Prices are subject to change without prior notice. Right of admission reserved.

Gift Vouchers Available

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